

Dominca quarta in Quadragesima

Lætare

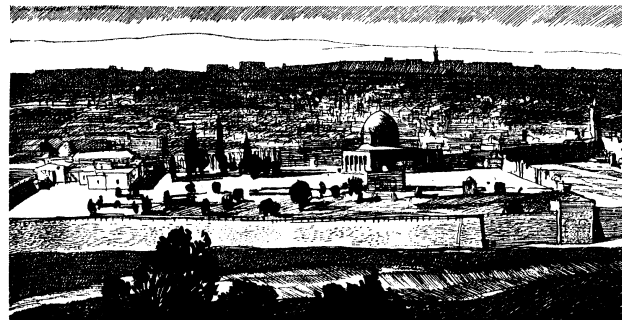
Welcome to our celebration of the Traditional Latin Mass (Low Mass). Out of respect for our Lord in the Blessed Sacrament, as well as your fellow worshipers, please turn off cell phones and pagers. To facilitate your prayerful participation, Latin-English Missalettes are provided for your use. The Readings and Prayers therein are specific for Trinity Sunday. **Today's Readings and Prayers will be found in this tri-fold, or in your personal Missal.** You are invited to participate in the dialogue of the Mass by joining the altar servers in all the responses except for the Prayers at the Foot of the Altar. Your responses include the entire Pater noster as well as the triple Domine, non sum dignus just before the Communion to the laity.



Entrance Hymn: "O Mother Dear, Jerusalem"

Land of Rest

O moth - er dear, Je - ru - sa - lem, When
Thy gar - dens and thy gal - lant walks Con -
Quite through the streets, with sil - ver sound, The
There trees for - ev - er - more bear fruit, And
shall I come to thee? When shall my sor - rows
tin - ual - ly are green; There grow such sweet and
flood of life doth flow, Up - on whose banks on
ev - er - more do spring, There ev - er - more the
have an end, Thy joys when shall I see?
pleas - ant flow'rs, As no - where else are seen;
ev - 'ry side, The wood of life doth grow.
an - gels sit, And ev - er - more do sing.



Low Mass begins on p. 10 of the Missalette.

Introit: Lætare, Jerusalem: conventum facite omnes

✦ Rejoice, O Jerusalem: and come together all you that love her:
rejoice with joy, you that have been in sorrow:
that you may exult, and be filled from the breasts of your consolation. (Is. 66:10-11)
I rejoiced at the things that were said to me:
we shall go into the house of the Lord. (Ps. 121:1)
Glory be to the Father . . .
Rejoice, O Jerusalem . . .

Opening Collect:

Let us pray: Grant, we beseech Thee, almighty God, that we who are justly afflicted for our deeds, may be relieved by the consolation of Thy grace. Through our Lord, Jesus Christ, Thy Son, Who liveth and reigneth with Thee, in the Unity of the Holy Ghost, God, world without end. **Amen.**

Epistle: Gal. 4:22-31

Lesson from the Epistle of Blessed Paul the Apostle to the Galatians.

Brethren, It is written that Abraham had two sons: the one by a bondwoman and the other by a free woman. But he who was of the bondwoman was born according to the flesh; but he of the free woman was by promise; which things are said by an allegory. For these are the two testaments. The one from Mount Sinai, engendering unto bondage: which is Agar; for Sinai is a mountain in Arabia, which hath affinity to that Jerusalem which now is, and is in bondage with her children. But that Jerusalem which is above is free, which is our mother. For it is written: Rejoice, thou barren that bearest not: break forth and cry, thou that travailest not: for many are the children of the desolate, more than of her that hath a husband. Now we, brethren, as Isaac was, are the children of promise. But as then he that was born according to the flesh persecuted him that was after the spirit: so also it is now. But what saith the Scripture? Cast out the bondwoman and her son: for the son of the bondwoman shall not be heir with the son of the freewoman. So then, brethren, we are not the children of the bondwoman but of the free: by the freedom wherewith Christ has made us free.

Gradual: Lætatus sum in his, quæ dicta sunt mihi

I rejoiced at the things that were said to me: we shall go into the house of the Lord. Let peace be in Thy strength: and abundance in Thy towers. (Ps. 121:1, 7)

Tract: Qui confidunt in Domino, sicut mons Sion

They that trust in the Lord shall be as Mount Sion:
he shall not be moved for ever that dwelleth in Jerusalem.
Mountains are round about it:
so the Lord is round about His people, from henceforth now and for ever. (Ps. 122:1-3)

Gospel: John 6:1-15

✦ Continuation of the holy Gospel according to St. John.

At that time Jesus went over the sea of Galilee, which is that of Tiberias: and a great multitude followed Him, because they saw the miracles which He did on them that were diseased. Jesus therefore went up into a mountain: and there He sat with His disciples. Now the Pasch, the festival day of the Jews, was near at hand. When Jesus therefore had lifted up His eyes, and seen that a very great multitude cometh to Him, He said to Philip: Whence shall we buy bread that these may eat? And this He said to try him: for He Himself knew what He would do. Philip answered Him: Two hundred pennyworth of bread is not sufficient for them, that every one may take a little. One of His disciples, Andrew, the brother of Simon Peter, saith to Him: There is a boy that hath five barley loaves and two fishes; but what are these among so many? Then Jesus said: Make the men sit down. Now there was much grass in the place. The men therefore say down, in number about five thousand. And Jesus took the loaves, and when He had given thanks, He distributed to them that were set down: in like manner also of the fishes, as much as they would. And when they were filled, He said to His disciples: Gather up the fragments that remain, lest they be lost. They gathered up therefore, and filled twelve baskets with the fragments of the five barley loaves which remained over and above to them that had eaten. Now those men, when they had seen what a miracle Jesus had done, said: This is of a truth the Prophet that is to come into the world. Jesus therefore, when He knew that they would come to take Him by force and make Him king, fled again into the mountain, Himself alone.

Sermon:



The Mass continues with Credo on p. 20 of the Missalette.



Beginning with the Offertory, the priest prays in a subdued voice. You are encouraged to participate by silently praying the Offertory Prayers, beginning:
p. 23 of the Missalette.

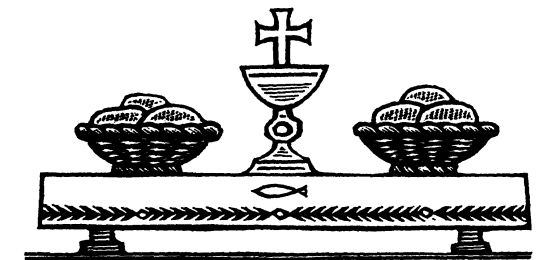
Offertory: Laudate Dominum, quia benignus est

Praise ye the Lord, for He is good: sing ye to His Name, for He is sweet: Whatsoever He pleased, He hath done in heaven and in earth. (Ps. 134:3, 6)

Offertory Hymn: "My God, Thy Table Now Is Spread"

Rockingham

My God, Thy ta - ble now is spread,
O let Thy ta - ble hon - or'd be,
Nor let Thy quick - 'ning grace, O Lord,
spread - ing Gos - pel rest,
Thy cup with love doth o - ver - flow;
And fur - nished well with joy - ful guests:
In count - less num - bers let them come,
Till through the world thy truth has run;
Be all Thy chil - dren thi - ther lead,
And may each soul sal - va - tion see,
And gath - er from their Fa - ther's board
Till with this Bread all men be blest,
And let them Thy sweet mer - cies know.
That here its sa - cred pledg - es tastes.
The Bread that lives be - yond the tomb.
Who see the light or feel the sun.



Secret:

Let us pray: Look favorably upon these present Sacrifices, we beseech Thee, O Lord, that they may profit us both unto devotion and salvation. Through our Lord, Jesus Christ, Thy Son, Who liveth and reigneth with Thee, in the Unity of the Holy Ghost, God, world without end. **Amen.**

Preface:

It is truly meet and just, right and for our salvation, that we should at all times, and in all places, give thanks unto Thee, O holy Lord, Father almighty, everlasting God; Who by this bodily fast, dost curb our vices, dost lift up our minds and bestow on us strength and rewards; through Christ our Lord. Through whom the Angels praise Thy Majesty, the Dominations worship it, the Powers stand in awe. The Heavens and the heavenly hosts together with the blessed Seraphim in triumphant chorus unite to celebrate it. Together with these we entreat Thee that Thou mayest bid our voices also to be admitted while we say with lowly praise:

The Mass continues with Sanctus on p. 28 of the Missalette.

At the time for Holy Communion, Catholics in the state of grace should approach in two lines by the center aisle and kneel before the Communion rail. As a part of the Tridentine Rite only the Priest may touch the Body and Blood of Our Lord, therefore Holy Communion is not to be received in the hand. It is best to keep your hands below the top of the railing. As people receive Holy Communion, they should rise and return to their pews by the side aisles. Those behind them should immediately fill in the spaces at the Communion rail. Anyone having difficulty with kneeling may stand at the rail to receive Holy Communion.

Communion Hymn: "O Living Bread from Heaven" Aurelia

O liv - ing Bread from heav - en, How hast Thou fed Thy guest!
 My Lord, Thou here hast led me With - in Thy ho - liest place,
 Thou giv - est all I want - ed, The food can death de - stroy;
 Lord, grant me that, thus strength - ened With heav'n - ly food, while here

The gifts Thou now hast giv - en Have filled my heart with rest.
 And there Thy - self hast fed me With treas - ures of Thy grace;
 And Thou has free - ly grant - ed The cup of end - less joy.
 My course on earth is length - ened, I serve with ho - ly fear;

O won - drous food of bless - ing, O cup that heals our woes,
 And Thou hast free - ly giv - en What earth could nev - er buy,
 And Lord, I do not mer - it The fa - vor Thou hast shown,
 And when Thou call'st my spi - rit To leave this world be - low,

My heart, this gift pos - sess - ing, In thank - ful song o'er - flows!
 The Bread of Life from heav - en, That now I shall not die.
 And all my soul and spi - rit Bow down be - fore Thy throne.
 I en - ter, through Thy mer - it, Where joys un - min - gled flow.



Communion: *Jerusalem, quæ ædificatur ut civitas*
 Jerusalem, which is built as a city, which is compact together:
 for thither did the tribes go up,
 the tribes of the Lord, to praise Thy Name, O Lord. (Ps. 121:3-4)

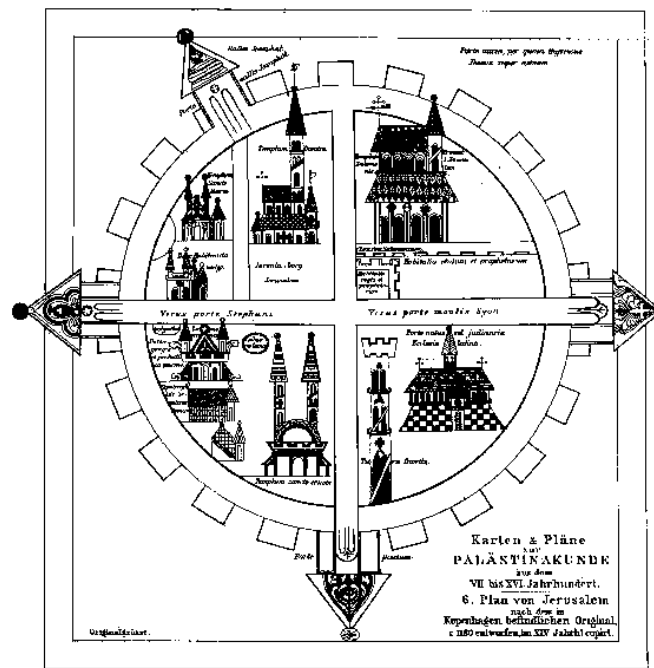
Postcommunion:
 Let us pray: Grant, we beseech Thee, O merciful God, that we may celebrate with sincere homage and ever receive with faithful minds Thy holy mysteries, with which we are constantly filled. Through our Lord, Jesus Christ, Thy Son, Who liveth and reigneth with Thee, in the Unity of the Holy Ghost, God, world without end. **Amen.**

Recessional: "Jerusalem, My Happy Home" Land of Rest

Je - ru - sa - lem, my hap - py home, When
 Thy saints are crowned with glo - ry great; They
 Our La - dy sings Mag - ni - fi - cat With
 Je - ru - sa - lem, my hap - py home, Would

shall I come to thee? When shall my sor - rows
 see God face to face; They tri - umph still, they
 tune sur - pass - ing sweet, And all the vir - gins
 God I were in thee! Would God my woes were

have an end? Thy joys when shall I see?
 still re - joice Most hap - py is their case.
 bear their part, Sit - ting a - bout her feet.
 at an end Thy joys that I might see!



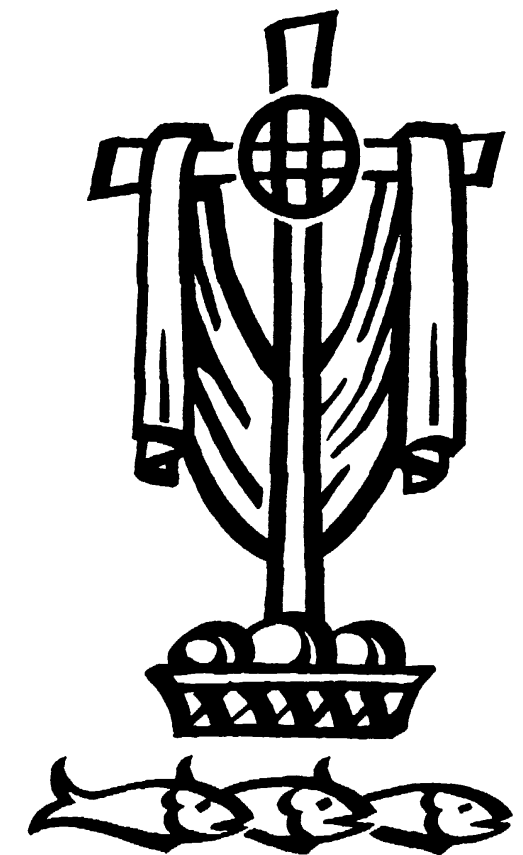
Stella Maris Roman Catholic Church
 Sullivan's Island, South Carolina
 Diocese Carolopolitana

Rev. Msgr. Lawrence B. McInerny, JCL, *Pastor*
 Scott Atwood, MMus, *Director of Liturgical Music*
 Stephen M. Collins, *Organist*

*Reprinted music from public domain or covered by OneLicense.net, Reprint License A-713622.
 Reprinted artwork from public domain or used with permission
 © 2003 St. Bonaventure Publications, through www.uvoc.org.
 All rights reserved.*



Stella Maris
 Roman Catholic Church



Fourth Sunday in Lent

Traditional Latin Mass

2 March 2008

